



JUEL

ANNUAL REPORT

Reflections, Results
and Roadmap



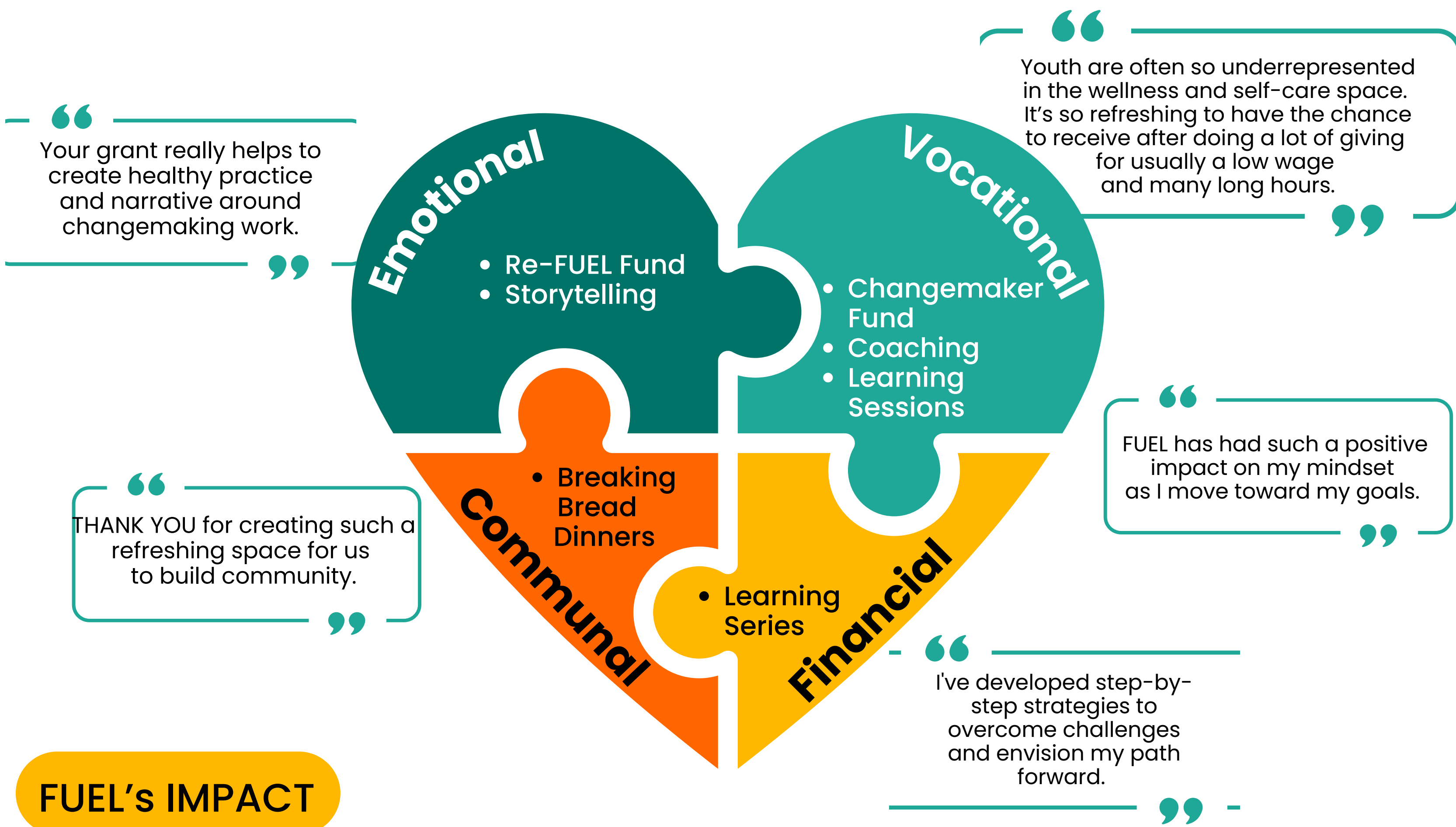
2023-2024

Why FUEL?



- **Young changemakers** are critical drivers of positive social change.
- **BUT**, this work takes a **significant personal toll**: isolation, financial hardship, burnout and mental health challenges.
- Changemaker wellbeing is at the heart of FUEL, enabling changemakers to sustain themselves in social impact work.

Changemaker Wellbeing



FUEL's IMPACT

- Increased knowledge & skills
- Increased energy & enthusiasm
- Increased sense of community, social support & belonging
- Increased confidence

Leads to

- Improved wellbeing & ability to sustain themselves in social impact work

Leads to

- Sustained & meaningful impact across all of the UN's 17 Sustainable Development Goals (SDGs)

YEAR ONE

FUEL sparked meaningful conversations with young changemakers, co-creating solutions to establish a visionary framework.

“In a world where young people find themselves asking, ‘May I sit here?’, the FUEL team is saying, ‘You can sit with us.’”

—Community Member—

FUEL incorporated as an NPO

Breaking Bread Dinners

Young Changemakers Fund

June 2023

Financial Series

Partner Collaborations

Coaching

Learning Sessions

Youth Advisory Committee

Re-FUEL Fund

Storytelling Workshop

May 2024

The FUEL Community

1,000 FUEL Social Media Community

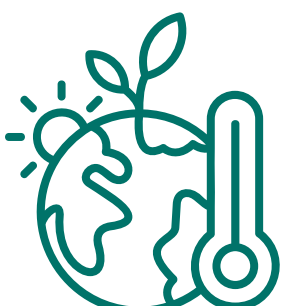
400 Youth Interactions

172 Grant Applicants

2 Grant Recipients

4 Coachees

5 Youth Advisory Committee Members



Climate Action



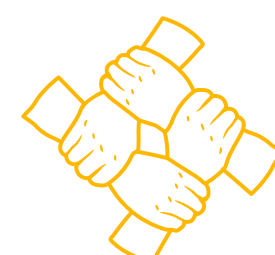
Housing & Settlement



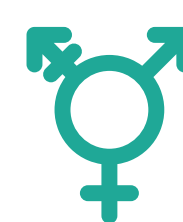
Cultural Pride



Wellness



Racial Support



LGBTQIA+ Advocacy



The Arts

Highlighting the **Re-fUEL** Fund

What is it?

A wellness grant offered to young changemakers working in social impact, community grassroots or non-profit. The grant can be used to make **ANY** investment in personal wellness, rest and self-care.



The Re-FUEL Fund is the perfect expression of our love for this community. It makes a clear and unapologetic statement that the wellbeing of changemakers is VITAL.

—**Erica Procter, Founder**—

Why **Re-FUEL**?

Many young changemakers are burned out or at risk of burnout. They are tackling overwhelming social issues, often rooted in their own personal experiences or witnessed injustice.

We sought to disrupt the traditional grant landscape, often characterized by intense competition, requiring significant labor and sharing of personal information.



- Our goal was to minimize the burden on applicants.
- Applicants were asked to answer only TWO questions, allowing them to concentrate on their vision for personal wellness.
- Applicants were asked no identity information beyond their neighborhood and pronouns.

120+

Over 120 changemakers from across the GTA applied for the Re-FUEL Fund, with most applicants from **Scarborough, Mississauga, and North York.**



CELEBRATING OUR WINNERS



Laila Vahed
(she/her) Age: 21

Community-care worker, intersectionality and Resource Access Advocate, Co-Founder of "Queer Muslim Network"

Using the fund for pottery/sewing classes, learning mehndi, Urdu calligraphy and other artforms as self-care.



Siera Hancharyk
(she/they) Age: 27

Indigenous Entrepreneur, Facilitator, Activist and Community Worker. Owner of "Three Sisters Indigenous Crafts Market."

Using the fund for a spa day and self-care activities with their son.



Maysam Abu Khreibeh
(she/they) Age: 26

Multi-dimensional teacher, Social Justice Advocate, Community Organizer, Facilitator & Poet

Using the fund for an iPad to learn Pro-Creat and illustrate her dreams of a liberated future for all



Priya Moraes
(she/her) Age: 26

Program Organizer and Southern ON Chapter Lead for "Colour the Trails"

Using the fund for a wellness trip to spend time with a friend in Halifax.



Rayanne Banaga
(she/her) Age: 30

Counsellor and BIPOC Mental Health Advocate. Founder of "Surviving Together"

Using the fund for financial support to take time off and recover from burnout.



Rae Jardine
(she/they) Age: 27

Sex Educator, Full Spectrum Doula, Mentor. Founder of "Sexual and Reproductive Health and Rights Hubs"

Using the fund for childcare support.

YEAR TWO

“ Thank you for raising youth voices and support for social justice initiatives. ”



September 2024

June 2024

Treks + Talks

Re-FUEL Fund (Winter)

Changemaker's Corner

Wellness Journal

Move towards **TECH-FREE** Community Spaces

Wellness Circles

New Theory of Change

Coaching Program

- With the right supports, young people can transform the social impact sector from burnout and scarcity to sustainability and wellbeing.

- Together, we can ensure their ability to solve the world's problems while maintaining their wellbeing.

- Want to be a part of what FUEL is building? Reach out to us!



The **FUEL** Team



ERICA PROCTER
FOUNDER & ED



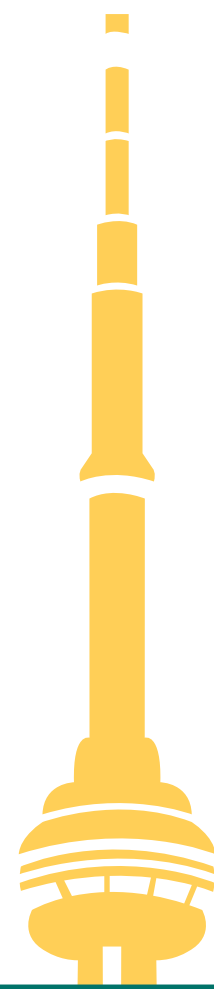
PATRICK DE BELEN
COMMUNITY MANAGER



MONIQUE PITT
PROGRAMS LEAD



TAYYABA SHAHZAD
OPERATIONS LEAD



**A huge thank you to those who have been
a part of the FUEL team along the way**

Erica Wright
Samar Mudawi
Teshyla Bailey
Ziyaan Virji
Tanaka Chitanda

